

I'm yours.
Take me home!

Mamuśka!
Restaurant and Bar

AUTUMN MENU

OCTOBER 2025



Book your
Christmas party now!

It's time to book your date for your perfect
Christmas Party with Mama!

"... thanks for hosting our annual Christmas party ... The food was absolutely delicious, and everyone couldn't stop talking about it! ... We had such a great time ... thanks to your hard work and attention to detail." - Natalie, Tropicana

OPENING HOURS

SUNDAY - TUESDAY 12.00 - 22:00
WEDNESDAY - SATURDAY 12.00 - 23:00

***OUR FABULOUS KITCHEN SERVES FROM
12:00 NOON UNTIL 21:30, DAILY**

WWW.MAMUSKA.NET

WiFi: Mamuska Guests
Password: mamarocks

CONTENTS

Drinks Menu	2	Big Plates	5
Starters.....	3	Set Menu, Vegan & Kids.....	6
Lunch Deals.....	3	Tasting Menu for Two	6
Pierogi & Placki	4	Desserts	7
Allergens & Dietary.....	4	Activities	8



VISIT MAMUSKA.NET

Come warm up with Mama!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!



Drinks Menu

***MEANS ALCOHOL FREE** | All spirits are 40% abv unless otherwise stated

DRAUGHT BEER

PINT

HALF

2L Jug

GREAT
VALUE

BRIXTON BREWERY

Coldharbour Lager (4.5%)£7.50 £4.00 £24.00
Reliance Pale Ale (4.2%)£7.50 £4.00 £24.00

NAMYSŁÓW BREWERY

Namysłów Pilsner (6.0%)£7.50 £4.00 £24.00
Shandy Namysłów (3.0%)£7.00

ŻYWIEC BREWERY

Żywiec Polish Lager (5.6%)£7.50 £4.00 £24.00



CRAFT BEER

500ml BOTTLE



GOŚCISZEWO BREWERY

Komtur - Dark Lager (6.5%)£7.30
Surfer - Wheat Beer (4.8%)£6.60
Szeryf IPA - Polish IPA (5.2%)£7.20
Detektyw - Low Alcohol APA (1.0%)£5.00
Rycerz - Full Jasne (Open Fermentation) (5.7%)£6.90
Letnik 2.2 - Radler (Polish Shandy)£5.50
Czarownica - New England Double IPA (7.2%)£8.30
Mistrz Zen - Gluten Free Rice Beer (4.8%)£7.00



BEERS & CIDERS

500ml BOTTLE

Lech (5.0%)£7.20
*Lech Alcohol Free (0.0%)£5.00
Perła Export (5.2%)£7.20
Perła Miodowa (Honey) (5.4%)£7.20
Perła Pilsner (6.0%)£7.20
Tyskie (5.2%)£7.20
Żywiec IPA (5.0%)£7.20
Żywiec Białe (4.9%)£7.20
*Żywiec Alcohol Free (0.0%)£5.00
Żubr (6.0%)£7.20
Cider Lubelski 400ml (4.5%)£8.30
Perry Lubelski 330ml (4.5%)£8.30
*Old Mout Berries & Cherries Cider (0.05%)£6.60



SOFT DRINKS

Still / Water (500ml) £3.00
Coke, Diet Coke, Coke Zero, Sprite, Fanta (330ml) £3.00
Tymbark (250ml) £3.00
(apple & mint, apple & cherry, orange & peach, apple & mango)
Assorted Juices
(apple, orange, cranberry, pineapple) (250ml) £3.00
(1ltr) £7.00



MOCKTAILS

£5.00

Cinderella:*
Fruitful Enchantment
Petal Pop:*
Cranberry, Elderflower and soda
Virgin Mojito:*
All of the calories, none of the fun.
Classic, strawberry or passionfruit

HOUSE DRINKS & COCKTAILS

£9.90, TWO FOR £16.00 WHEN ORDERING THE SAME



Amaretto Sour
Aperol Spritz
Cherry fizz
Espresso Martini
Gin Martini
Mamuška! Spritz
Mojito:
Classic, Strawberry or Passion Fruit
Polish Kiss
Poloni
Pash'N Shoot PornStar
Rhubarb Rebel
Vodka Martini
Whisky Sour

CLEAR VODKA (40%)

Belvedere (Proper posh)
50ml | £12.70 / 700ml | £164.50
Bocian Biały
50ml | £6.90 / 700ml | £87.50
Bocian Czarny
50ml | £7.70 / 500ml | £69.30
Lukusowa Potato & Rye
50ml | £8.30 / 700ml | £107.30
Pan Tadeusz
50ml | £8.30 / 700ml | £100.00
Wyborowa (Best-selling rye)
50ml | £6.60 / 700ml | £85.80
Wyborowa Exquisite (Founder's Fav)
50ml | £12.70 / 700ml | £159.50
Wyborowa Potato
50ml | £6.60 / 500ml | £59.40
Żubrówka Czarna (Best value)
50ml | £7.70 / 700ml | £100.00

SOPLICA

50ml | £5.50 / 500ml | £48.00
(28% to 32%)
Apricot, Cherry, Cherry Chocolate, Hazelnut, Hazelnut Chocolate, Plum, Quince, Raspberry, Strawberry, Lemon & Mint, Lemon & Quince, Lemon & Honey, Lemon & Raspberry, Blackcurrant, Mirabelle

HOUSE FAVOURITES

£9.00

1 LITRE PITCHER ALSO AVAILABLE £30.00

Long Island Ice Tea
Ultimate party cocktail with a classic mix of vodka, tequila, gin, rum.
Szarlotka: Apple Pie Sip
Żubrówka, apple, and a cinnamon hint - like apple pie in a glass.
Sex on The Beach: Vodka's Flirty Adventure
with peach schnapps and fruit juices.

POLISH COFFEE

£5.50

BACK 4
AUTUMN!



A large espresso with a 25ml shot of your favourite Soplica or Krupnik, topped with whipped cream and dusted with coco

TRIPLE THREAT SHOOTERS

£5.50

ANY THREE FOR £14.00
AND ANY 6 FOR £25



Mad Dog: The Polish flag - best enjoyed as a beverage. Wyborowa, Raspberry Syrup & tabasco
Monte: Nutella meets bedtime milk, so don't fall asleep! Soplica Chocolate Hazelnut with milk
Kamikaze: Refreshing shot of Summer

VODKA BOARDS

FRUITY & NUTTY

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Soplica Mirabell, Apricot, Quince, Almond with Caramel, Hazelnut, Hazelnut in Chocolate

BERRY GOOD

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Bocian Cherry, Soplica Lemon & Raspberry, Cherry Chocolate, Strawberry, Raspberry, Żółtkowa Black Cherry

RAINBOW LOVE

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Soplica Honey Lemon, Apple, Quince, Strawberry, Cherry, Plum

CLEAR SAILING

6 x 50ml | £46.00 / 6 x 25ml | £28.00
Wyborowa, Wyborowa Potato, Bocian Biały, Żubrówka Czarna, Belvedere & Wyborowa Exquisite. (served with Smalec!)



YES!

We have a great WINE LIST and lots of other delicious liquid treats! Ask your server for our Drinks Menu!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Starters, Lunch & Sides

3

STARTERS



SOUP OF THE DAY

Our soups are created from scratch every day by our Polish chefs. They may be vegan, vegetarian, chicken or pork-based. Check with your server to find out if we have your favourite today!

SERVED WITH A SLICE OF BREAD

(Allergens: please check allergens with your server)

200ml

£3.00

450ml

£4.50



Small Barszcz Czerwony Beetroot Broth | £3.00

Poland's classic broth, to get your tummy ready!



Original
Recipe!



Sałatka Jarzynowa | £6.50

The vegan terrorists have been defeated! We have finally grown some 'eggs' and are bringing back the original Polish recipe.



Krokiet kapusta with cup of Barszcz | £7.60

Traditional kapusta & mushroom filled crepe, breaded, deep fried and perfect for dunking!



Smalec | £6.50

Nothing like a little fat to start your meal! This rich and creamy paté goes best with a vodka shot.



Krokiet pork with cup of Barszcz | £7.60

Breaded deep-fried crepe stuffed with minced seasoned pork, served with barszcz.



Oscypek | £7.90

The cheeky chappy of cheeses - the one and only grilled Oscypek! Packed with smokey flavour and bursting with personality.



SIDES & Extras

BUTTER Just Ask

CHIPS £4.00

FRESHLY BAKED
BREAD £2.50

MASHED
POTATOES £3.50

MUSHROOM SAUCE..
£3.50

MUSHY
PEAS £2.00

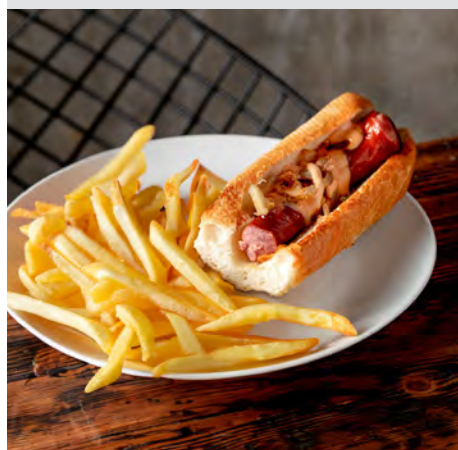
PORK GULASZ
GRAVY £3.50

SALAD BAR
..... £3.50

SOUR CREAM
..... £2.00

LUNCH DEALS £8.00 £9.00 WITH SOFT DRINK OR SMALL SOUP £10.00 WITH HAPPY DRINK* OR LARGE SOUP

INCLUDES POLAND'S FAMOUS PIEROGI DUMPLINGS - Monday - Friday, 12.00-4.00 PM | Includes small salad bar serving



Pork Gulasz, mash

Vegan Leczo, mash

Bigos, bread

Half kiełbasa Polish sausage,
chips

(For allergens check 'Mains' section)

(*HALF PINT BEER OR SMALL HOUSE WINE)



5 pierogi (boiled only), any
flavour, toppings

Chicken Fingers, battered
& fried, chips

Placki - 2 small potato
pancakes, any topping

Gołąbek

(For allergens check 'Mains' and 'Kids' section)

PRIVATE HIRE

unique spaces over two levels, perfect for large groups!



SCAN ME

ENQUIRE NOW!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Pierogi & Pancakes



All 10pc pierogi, placek, big plates and the set menu come with one visit to the salad bar.

POLAND'S MOST FAMOUS DUMPLINGS



	5 PCS	10 PCS
Ruskie 🌱🍷 blended white cheese, potato and onion	£9.00	£17.00
Pork 🐷🍷	£9.00	£17.00
Goat Cheese & Spinach 🌱🍷	£9.00	£17.00
Sauerkraut & Mushroom 🌱🍷	£9.00	£17.00
Veggie Mixed 🌱🍷	£9.00	£17.00
Mixed Set 🐷🍷	£9.00	£17.00
Pierogi Party Platters 🍷 Pork, Vegetarian or Mixed (boiled only)	30 PCS	£45.00

TOP IT FOR FREE!

Choose your toppings (as many as you want!):
SOUR CREAM / BACON / FRIED ONION

GET THEM FRIED FOR £1.50

ALLERGENS & DIETARY

All allergens are shown as icons, but if you would like to see our fancy, full Allergen Chart, please ask and we will fetch it for you.

SEVERE ALLERGY? If you have a SEVERE allergy to a food item, please ALWAYS consult staff before ordering.

DIETARY KEY		
BEEF	FISH	POULTRY
CELERY	GLUTEN	SOY
CRUSTACEAN	MUSTARD	SULPHATES
MILK / DAIRY	NUTS / SESAME	VEGAN
EGGS	PORK	VEGETARIAN

We have a nut-free and sesame free kitchen (but the bar has nut flavours!). Please also note that we have an open, non-segregated kitchen and while every reasonable precaution is taken, we cannot guarantee that items have not been cross-contaminated in production or service. (i.e. air-borne flour particles from pierogi dumpling production may find their way into GF product.)

PLACEK ZIEMNIACZANY



For years we oven-fried our placki. They were healthier. It was easier. But THESE ARE A WHOLE NEW LEVEL BABY!! A new dedicated shallow-fry griddle makes LOTS at once, so get stuck in and ENJOY! This is Polish food at it's very best.



Naked 🌱🍷..... £12.00



Sour Cream 🌱🍷..... £14.00



Vegan Leczo 🌱🍷..... £15.00



White Mushroom Sauce 🌱🍷..... £15.00



Po Węgiersku (pork gulasz) 🐷🍷..... £17.00

Add dairy cheese on top 🌱🍷 **£3.00**

Add vegan cheese on top 🌱 **£4.00**

(Placek have eggs & are not vegan)

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

CHOOSE YOUR CARB! Plus ONE visit to the salad bar included
Our carbohydrate accompaniments are swappable.
This isn't football mate, so feel free to change sides!
And don't forget to visit the salad bar!



NO CARBS



BREAD (Gluten)



MASH GF



CHIPS GF

BIG Plates



5

BACK 4 AUTUMN!



Gołąbki | £14.90

Litterally translated these are 'pigeons'. However, given we are in London, we want to assure you that these are in fact seasoned pork and rice, wrapped in white cabbage. Choose either tomato or mushroom sauce as a delicious topping.

(*if with mushroom sauce)

BATTERS UP!



Beer Battered Fish | £21.90

In Poland breaded fish is slightly more popular, but here in London? Well, let's just say the tourists know what they want! Our Polish-beer-battered cod and chips with minted mushy peas is the simply the best for miles around! Perfect with a pint of Polish draught!



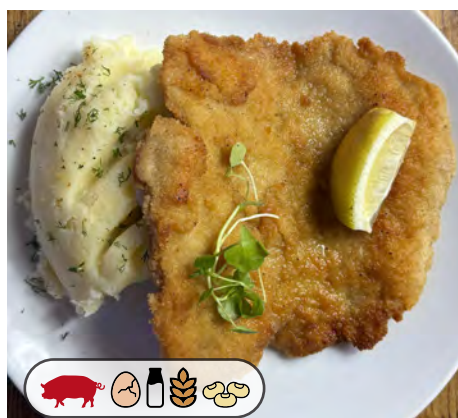
Slow Roasted Beef Cheeks | £27.40

What a dish! Slow-braised and lovingly set in a rosemary red wine sauce, these tender morsels are a real melt-in-your mouth treat. Goes well with mash potato, to soak up that gorgeous sauce!



Grilled Kiełbasa | £16.50

We have "toruńska" sausage served with spicy fried onion for an better taste! Ask for a cheesy top for an extra treat. Add melted cheese | £3.00

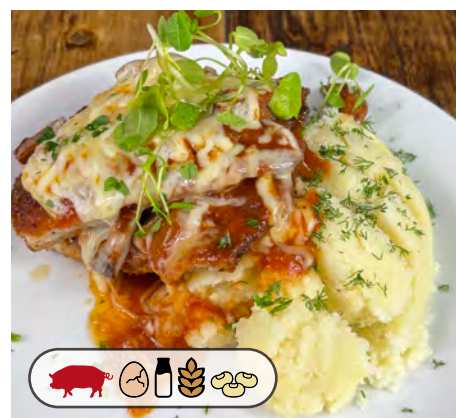


Schabowy | £17.50

Our top-seller has become even more authentic by giving it an overnight bath in milk, onion and garlic (I wish I were a schabowy...) before breading and shallow frying.

Add melted cheese | £3.00

Add mushroom sauce | £3.50



Schabowy Tower | £19.70

What's better than a tenderised, breaded, shallow-fried pork loin? Try this pimped-up version with cheese and some kiełbasa leczko stew. Awesome!



Breaded Chicken Breast | £18.60

Kurczak panierowany! Our breaded pan-fried chicken just became much more extravagant now that it is bathed overnight in milk, onion and garlic.

Add melted cheese | £3.00

Add mushroom sauce | £3.50



Breaded Chicken Breast Tower | £20.80

Our delicious 'bathed and breaded' chicken breast, with kiełbasa leczko stew sandwiched between layers, topped with melted cheese.



Pork Gulasz | £16.40

We have finally come to terms and made peace with the vegetarians, making a flavourful addition to our tender pork and onion gulasz. We've added capsicum and mushroom. That's it. If you want to dilute your meat any more, visit the salad bar.

Add melted cheese | £3.00



Bigos | £16.40

PROPER bigos, with kapusta kiszona, sausage, wild mushrooms, pork shoulder meat, a touch of tomato to bring it together. Hearty and gut-healthy! And it's gluten free when served with mash!

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Set Menu, Vegan & Kids



Add melted vegan cheese on top | £4.00

Vegan Leczo | £16.40

Chef decided that we need a break from Vegan Stew ... so he's serving Vegan Leczo Stew! The difference? More peppers, less chick peas and a lot more Polish.



Add melted vegan cheese on top | £4.00

Vegan Kotlet | £16.50

Mama knows a great thing when we taste it - so our Vegan Kotlet is now made from Moving Mountains™. We still bread and shallow fry it ourselves - just like a Schabowy! If you're looking to cut down on meat and still want those Polish flavours, dig into this delicious guilt-free 15g of protein!



Add melted vegan cheese on top | £4.00

Vegan Kotlet Tower | £18.60

Vegans can pimp-up their Can't decide between our home-style delicious vegan stew and the vegan kotlet. Problem solved! Order this Tower of a meal and get two tastes in one! Enjoy!



KIDS EAT FREE*

ALL DAY EVERY DAY!

*One free kids' item for a child under 12 with every Big Plate, 10 pc Pierogi or Placek order. You qualify for 2 kids' items if you order Mama's Taster Menu.

KIDS' MENU

FOR CHILDREN UNDER THE AGE OF 12 INCLUDES SALAD BAR SERVING



5 pieces of pierogi | £9.00 (Allergens pg4)

Chicken strips & chips | £8.50



Fish fingers & chips | £7.50



TASTING MENU FOR TWO £55.00

3 course set menu made for sharing!

Starters: Sałatka Jarzynowa, Smalec, Mixed Pierogi (all toppings, 8 pcs), Kapusta & Mushroom Krokiet and Barszcz

Mains: Placek, Bigos (200g), Gulasz (200g), Schabowy

Dessert: Sernik - Cheesecake to share

(For allergens check page 4)



Desserts



7

MUST TRY!

KRUPNIK DESSERT VODKA

25ml | £2.80 Coconut, Raspberry,
50ml | £3.90 Cappuccino, Pistachio,
500ml | £37.40 Salted Caramel
(abv 16%)

THE DESSERT VODKA BOARD 6 x 50ML

£22.00



Includes KRUPNIK original
spiced honey vodka 38%
abv for a kick at the end!

ALL CAKES AND CREPES MADE ON SITE, IN OUR NUT & SESAME FREE KITCHEN

Naleśniki with Cheese | £6.90 🌱 🥚 🥛

If there is dessert (beyond szarlotka and sernik) that all Poles love and were raised on, it is this. Sweet-cheese-filled crepes with a chocolate drizzle and icing sugar. Thank you, Chef! Ask your server to add an extra scoop of ice cream! (+£1.00)

Szarlotka | £6.90 🌱 🥚 🥛

Polish apple cake with a thick layer of apples and a crumble crust. Ask your server to add an extra scoop of ice cream! (+£1.00)

Royal Cheesecake Sernik | £6.90 🌱 🥚 🥛

Polish style (baked) with a chocolate base and a caramel glaze.

Marshfield's Local Ice Cream 🥛

£2.50 - 1st scoop, £1.00 - extra scoop

Ask your server about flavours! (May contain 🥚 🌱 🥛 🥚 🥛 🥚)

Marshfield's Sundae | £6.00 🥛

(Add Krupnik Dessert Vodka 50ml | +£2.50)

Made with Marshfield's Local Ice Cream and whipped cream

Magnum | £3.00

(May contain 🥚 🌱 🥛 🥚 🥛 🥚)

Classic 🥛 / Caramel 🥛 / Vegan / Oreo Sandwich 🥛 🥚



SZARLOTKA



NALEŚNIKI



MARSHFIELD'S



SERNIK

COFFEE & TEA



Espresso (single)	£2.80
Espresso (double)	£3.00
Americano	£3.00
Cappuccino/Latte/ Flat White.....	£3.50
Mocha.....	£3.90
Filter Coffee	£2.50
Tea	£2.50
Hot Chocolate	£3.50

LOVE SMOOTHIES



Strawberry Split

Strawberry & Banana£5.00

Berry Go Round

Blackberry Strawberry &
Raspberry.....£5.00

Pash "n" Shoot

Passionfruit, Mango &
Pineapple.....£5.00

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DID YOU KNOW?

The world's oldest boomerang is not from Australia - it was found in Poland! Made from a mammoth tusk and estimated to be 23,000 years old, it was discovered in the Obłazowa Cave in 1985.

FRYDERYK CHOPIN (1810–1849)

Chopin left Poland during the Great Emigration following the failed November Uprising of 1830. He settled permanently in Paris but was known for his deep patriotism. His heart was returned to Poland after his death and is interred at the Church of the Holy Cross in Warsaw.

WORD SEARCH

y i k y t k p n l m b r n b e z x v v k
n v l z p m q v b n k z b n i n l k l a
h k o k t a j l r u a s v c e u i p c w
c p l a f a d w e q b d y t a o r i d a
r g i g c l n q z w z i e l a y i o p x
i w c o w o n d e d h s s j w n j w y g
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r c j ą c u r i w z e m q y r c s e p h
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f u r e j p y y p f b i m p r e z a f o
v s o c j w w x a i o r l f o n m h j s

kawa	chrystus	rezerwacja	sylwester	koktajl
gołąbek	biuro	prezenty	nadejście	
impreza	taniec	mikołaj	andrzejki	

**BOOK
YOUR
OFFICE
CHRISTMAS
PARTY
TODAY**

MAMUSKA.NET/CHRISTMAS-BOOKINGS

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!