

I'm yours.
Take me home!

Mamuśka!
Restaurant and Bar

WINTER MENU

JANUARY 2026



Warm up with Mama!

Classic Polish Dishes - Just like home!

"From the moment you walk in, it feels like a little trip back to Poland – the Polish graffiti, nostalgic PRL-era details, the iconic Fiat 126, and the music all create such a fun, sentimental atmosphere. It's thoughtful, playful, and clearly made with love. But most importantly: the food. This is proper Polish comfort food. Don't come expecting Michelin-star plating – do come expecting delicious, traditional, classic Polish dishes done right." - Aleksandra Indrian, Google Review

OPENING HOURS

SUNDAY - TUESDAY 12:00 - 22:00
WEDNESDAY - SATURDAY 12:00 - 23:00
Open Late on Request

*OUR FABULOUS KITCHEN SERVES FROM
12:00 NOON UNTIL 21:30, DAILY

WWW.MAMUSKA.NET

WiFi: Mamuska Guests
Password: mamarocks

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VISIT MAMUSKA.NET

Bye Bye 2025 - Hello 2026!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Drinks Menu

***MEANS ALCOHOL FREE** | All spirits are 40% abv unless otherwise stated



DRAUGHT BEER

PINT

HALF

2L Jug

GREAT
VALUE

BRIXTON BREWERY

Coldharbour Lager (4.5%)£7.50 £4.00 £24.00
 Reliance Pale Ale (4.2%)£7.50 £4.00 £24.00

NAMYSŁÓW BREWERY

Namysłów Pilsner (6.0%)£7.50 £4.00 £24.00
 Namysłów Shandy (3.0%)£7.00

ŻYWIEC BREWERY

Żywiec Polish Lager (5.6%)£7.50 £4.00 £24.00



CRAFT BEER

500ml BOTTLE

STAROPOLSKIE BREWERY



(OPEN FERMENTATION)

Staropolskie Dworskie - Lager (5.7%)£8.20
 Staropolskie Koźlak - Koźlak Bock (6.2%)£8.20
 Staropolskie Pszenne - Wheat beer (5.2%)£7.90
 PRL Ciemne - Dark beer (5.0%)£7.90



BEERS & CIDERS

500ml BOTTLE

Lech (5.0%)£7.20
 * Lech Alcohol Free (0.0%)£5.00
 Perła Export (5.2%)£7.20
 Perła Miodowa (Honey) (5.4%)£7.20
 Perła Pilsner (6.0%)£7.20
 Tyskie (5.2%)£7.20
 Żywiec IPA (5.0%)£7.20
 Żywiec Białe (4.9%)£7.20
 * Żywiec Alcohol Free (0.0%)£5.00
 Żubr (6.0%)£7.20
 Cider Lubelski 400ml (4.5%)£8.30
 Perry Lubelski 330ml (4.5%)£8.30
 * Old Mout Berries & Cherries Cider (0.05%)£6.60



MOCKTAILS



£5.00

***Virgin Mango:** Pineapple juice, Orange juice, Vanilla syrup, Mango purée, Lime juice

***Virgin Szarlotka Sip:** Lemon juice, simple syrup, Cinnamon stick, Apple juice

***Petal Pop:** Cranberry, Elderflower and soda

***Virgin Mojito:** All of the calories, none of the fun.
 Classic, Mango or Passionfruit

SOFT DRINKS

Still / Sparkling (500ml) £3.00
 Coke, Diet Coke, £3.00
 Coke Zero, Sprite, Fanta £3.00
 (330ml)

Tymbark (apple & mint, apple & cherry, orange & peach) £3.00
 (250ml)

Assorted Juices (apple, orange, cranberry, pineapple) £3.00
 (250ml) £7.00
 (1ltr)

Fruit Kompot £3.50
 (250ml) £8.00
 (1ltr)

HOUSE DRINKS & COCKTAILS

£10.90, TWO FOR £18.00 WHEN ORDERING THE SAME

Gdańsk Beach Punch

Gdynia Rebel

Katowice PEARfection

Kraków Old Town

Łódź Cherry Fizz

Lublin lip-lock

Szczecin Sea Mist

Mamuśka! Spritz

Great
Value

For cocktail ingredients and our classic cocktails list, see our extensive Drinks Menu

CLEAR VODKA (40%)

Belvedere (Proper posh)

50ml | £12.70 / 700ml | £164.50

Lukusowa Potato & Rye

50ml | £8.30 / 700ml | £107.30

Pan Tadeusz

50ml | £8.30 / 700ml | £100.00

Wyborowa (Best-selling rye)

50ml | £6.60 / 700ml | £85.80

Wyborowa Exquisite (Founder's Fav)

50ml | £12.70 / 700ml | £159.50

Wyborowa Potato

50ml | £6.60 / 500ml | £59.40

Żubrówka Czarna (Best value)

50ml | £7.70 / 700ml | £100.00

SOPLICA

50ml | £5.50 / 500ml | £48.00

(28% to 32%)

Apricot, Blackcurrant, Cherry, Cherry Chocolate, Coffee, Hazelnut, Hazelnut Chocolate, Lemon & Mint, Lemon & Quince, Lemon & Honey, Lemon & Raspberry, Mirabelle, Plum, Quince, Raspberry, Strawberry

HOUSE FAVOURITES

£9.00

1 LITRE PITCHER ALSO AVAILABLE £30.00

Long Island Ice Tea

Ultimate party cocktail with a classic mix of vodka, tequila, gin, rum.

Szarlotka: Apple Pie Sip

Żubrówka, apple, and a cinnamon hint - like apple pie in a glass.

Sex on The Beach: Vodka's Flirty

Adventure with peach schnapps and fruit juices.

TRIPLE THREAT SHOOTERS

£5.50
 ANY THREE FOR £14.00
 AND ANY 6 FOR £25



Mad Dog - The Polish flag - best enjoyed as a beverage. Wyborowa, Raspberry Syrup & tabasco

Monte - Nutella meets bedtime milk, so don't fall asleep! Soplica Chocolate Hazelnut with milk

Kamikaze: Shot of blue ice for winter!

HOT BOOZE

Hot Daddy£9.00

Krupnik Honey Liquor, offers a subtle honeyed hug with a slice of lemon.

Hot Mummy£9.00

Żubrówka Bison Grass, Apple Juice, Cinnamon Stick

Mulled Wine (250ml)£8.00

Christmas and Winter Festivities are never complete without at least one!

Polish Coffee£5.50

(Coffee + 25 ml of Vodka + Cream)

Any Soplica of your choice!

VODKA BOARDS



FRUITY & NUTTY

6 x 50ml | £31.00 / 6 x 25ml | £18.00

Soplica Mirabell, Apricot, Quince, Hazelnut, Hazelnut in Chocolate, Żoladkowa Fig

BERRY GOOD

6 x 50ml | £31.00 / 6 x 25ml | £18.00

Bocian Cherry, Soplica Lemon & Raspberry, Cherry Chocolate, Strawberry, Raspberry, Żółdkowa Black Cherry

RAINBOW LOVE

6 x 50ml | £31.00 / 6 x 25ml | £18.00

Soplica Honey Lemon, Apple, Quince, Strawberry, Cherry, Plum

CLEAR SAILING

6 x 50ml | £46.00 / 6 x 25ml | £28.00

Wyborowa, Wyborowa Potato, Lukusowa, Żubrówka Czarna, Belvedere & Wyborowa Exquisite (served with Smalec!)

YES!

We have a great **WINE LIST** and lots of other delicious liquid treats!
 Ask your server for our **Drinks Menu!**

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Starters, Lunch & Sides

STARTERS

*Allergens: please check allergens with your server

SOUP OF THE DAY*

WITH A SLICE OF BREAD

Our soups are created from scratch every day by our Polish chefs. They may be vegan, vegetarian, chicken or pork based. Check with your server if we have your favourite today!

200ml

£3.00

450ml

£4.50



NEW
ITEM



Żurek | 450ml £6.90 | 200ml
£4.00

Yes, we know! We should have done this long ago. Poland's famous sourdough extract soup with white sausage and boiled egg is now available every day!



Small Barszcz Czerwony
Beetroot Broth | £3.00

Poland's classic broth, to get your tummy ready!



Krokiet kapusta with cup of
Barszcz | £7.60

Traditional kapusta & mushroom filled crepe, breaded, deep fried and perfect for dunking!



Krokiet pork with cup of
Barszcz | £7.60

Breaded deep-fried crepe stuffed with minced seasoned pork, served with barszcz.



Original
Recipe!

Sałatka Jarzynowa | £6.50

The vegan terrorists have been defeated! We have finally grown some 'eggs' and are bringing back the original Polish recipe.



Smalec | £6.50

Nothing like a little fat to start your meal! This rich and creamy paté goes best with a vodka shot.



Oscypek | £7.90

The cheeky chappy of cheeses - the one and only grilled Oscypek! Packed with smokey flavour and bursting with personality.



SIDES & Extras



CHIPS..... £4.00

FRESH BAKED BREAD ... £2.50

MASHED POTATOES..... £3.50

MUSHROOM SAUCE..... £3.50

MUSHY PEAS..... £2.00

PORK GULASZ GRAVY .. £3.50

SALAD BAR £3.50

SOUR CREAM..... £2.00

BUTTER..... Just Ask

LUNCH DEALS £8.00 £9.00 WITH SOFT DRINK OR SMALL SOUP £10.00 WITH HAPPY DRINK* OR LARGE SOUP

INCLUDES POLAND'S FAMOUS PIEROGI DUMPLINGS - Monday - Friday, 12.00-4.00 PM | Includes small salad bar serving



Pork Gulasz, mash

Vegan Leczo, mash

Bigos, bread

Half kielbasa Polish sausage,
chips

(For allergens check 'Mains' section)

(*HALF PINT BEER OR SMALL HOUSE WINE)



5 pierogi (boiled only), any
flavour, toppings

Chicken Fingers, battered
& fried, chips

Placki - 2 small potato
pancakes, any topping

Gołąbek

(For allergens check 'Mains' and 'Kids' section)

Pierogi & Pancakes

All 10pc Pierogi, Placek, Big Plates and Tasting Menu come with 1 visit to the salad bar.

PIEROGI DUMPLINGS PLATTER



	5 PCS	10 PCS
Ruskie 🌱🍷 blended white cheese, potato and onion	£9.00	£17.00
Pork 🐷🍷	£9.00	£17.00
Goat Cheese & Spinach 🌱🍷🥛	£9.00	£17.00
Sauerkraut & Mushroom 🌱🍷	£9.00	£17.00
Veggie Mixed 🌱🍷🥛	£9.00	£17.00
Mixed Set 🐷🍷🥛	£9.00	£17.00
Pierogi Party Platters 🍷 Pork, Vegetarian or Mixed (boiled only)	30 PCS	£45.00

TOP IT FOR FREE!

Choose your toppings (as many as you want!):
SOUR CREAM / BACON / FRIED ONION

GET THEM FRIED FOR £1.50

ALLERGENS & DIETARY

All allergens are shown as icons, but if you would like to see our fancy, full Allergen Chart, please ask and we will fetch it for you.

SEVERE ALLERGY?

If you have a SEVERE allergy to a food item, please ALWAYS consult staff before ordering.

DIETARY KEY

BEEF

CELERY

CRUSTACEAN

MILK / DAIRY

EGGS

FISH

GLUTEN

MUSTARD

NUTS / SESAME

PORK

POULTRY

SOY


SULPHATES

VEGAN


VEGETARIAN

We have a nut-free and sesame free kitchen (but the bar has nut flavours!). Please also note that we have an open, non-segregated kitchen and while every reasonable precaution is taken, we cannot guarantee that items have not been cross-contaminated in production or service. (i.e. air-borne flour particles from pierogi dumpling production may find their way into GF product.)

PLACEK WITH GULASZ & SOUR CREAM




Late in 2025 something changed here at Mamuška! Our placki jumped out of the oven and onto our massive new shallow-fry griddle. Yes, our old recipe was healthier. But who cares? Now we can do what God always intended: Lots of placki cooked quickly, but tasting like they just came off your own Babcia's fry pan, ready for the topping of your choice. This is Polish food at it's very best.




Naked
🌱🥚🍷..... £12.00




Sour Cream
🌱🥚🍷..... £14.00



Vegan Leczo
🌱🥚🍷..... £15.00



White Mushroom Sauce
🌱🥚🍷..... £15.00



Po Węgiersku (pork gulasz)
🐷🥚🍷..... £17.00

Add dairy cheese on top 🌱🥛 £3.00

Add vegan cheese on top 🌱 £4.00

(Placek have eggs & are not vegan)

BIG Plates

5

NEW

DAILY SPECIALS ARE BACK, BABY!!

ASK YOUR SERVER

The last time we offered daily specials was back in 2018. And that's just wrong. But let's face it, there are so many great dishes to choose from, we can't make all of them every day. So if you're craving Polish ribs or have a Polish dumpling that you're missing, ask your server which Polish Classic is on special today and grab one while you can!

Or choose from our AMAZING regular line-up!

ONLY 4 WINTER!



Gołąbki | £14.90

Literally translated, this means pigeons! No, don't worry! These hand-made cabbage rolls are lovingly stuffed with seasoned pork and rice, and smothered in your choice of either tomato or mushroom sauce. Proper home cooking from Mama, available only until Spring!

(Mushroom sauce has 🐷 and 🥛)



Pork Gulasz | £16.40

We have finally come to terms and made peace with the vegetarians, making a flavourful addition to our tender pork and onion gulasz. We've added capsicum and mushroom. That's it. If you want to dilute your meat any more, visit the salad bar.

Add melted cheese | £3.00 🥛



Grilled Kiełbasa | £16.50

Poland has so many types of sausage that it would amaze you! We serve "toruńska" sausage, served on a bun with spicy fried onion, chips included. Ask for a cheesy top for an extra treat!

Add melted cheese | £3.00 🥛

BATTERS UP!



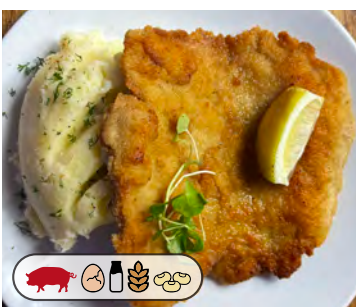
Beer Battered Cod | £21.90

In Poland breaded fish is slightly more popular, but here in London? Well, let's just say the tourists know what they want! Our Polish-beer-battered cod and chips with minted mushy peas is the simply the best for miles around! Perfect with a pint of Polish draught!



Bigos | £16.40

Poland's very famous bigos "Hunters Stew", made with kapusta kiszona, sausage, wild mushrooms, pork shoulder meat and a touch of tomato to bring it all together. Hearty and very gut-healthy! And it's gluten free when served with mash!

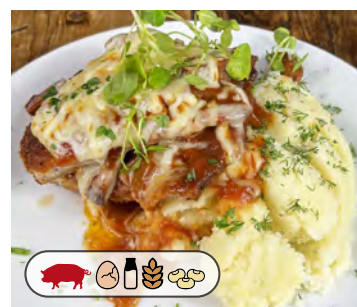


Schabowy | £18.60

Our top-seller has become even more authentic by giving it an overnight bath in milk, onion and garlic (I wish I were a schabowy...) before breading and shallow frying.

Add melted cheese | £3.00 🥛

Add mushroom sauce | £3.50 🥛🍄



Schabowy Tower | £20.80

Some say there is nothing better than a tenderised, breaded, shallow-fried pork loin. Normally we would agree, but for a twist on the original try our Head Chef's pimped-up version with cheese and some kielbasa leczko stew. Awesome!



Breaded Chicken Breast | £18.60

Kurczak panierowany! Our breaded pan-fried chicken just became much more extravagant now that it is bathed overnight in milk, onion and garlic.

Add melted cheese | £3.00 🥛

Add mushroom sauce | £3.50 🥛🍄



Breaded Chicken Breast Tower | £20.80

Our delicious milk-bathed and breaded chicken breast, but dressed up and sliced in half, with kielbasa leczko stew sandwiched between the layers, all topped with melted cheese.



CHOOSE YOUR CARB! Plus ONE visit to the salad bar included

Our carbohydrate accompaniments are swappable. This isn't football mate, so feel free to change sides! And don't forget to visit the salad bar!



NO CARBS



BREAD (Gluten)



MASH GF



CHIPS GF

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Set Menu, Vegan & Kids

TASTING MENU FOR TWO £55.00

3 course set menu made for sharing!

Starters: Sałatka Jarzynowa, Smalec, Mixed Pierogi (all toppings, 8 pcs), Kapusta & Mushroom Krokiet and Barszcz

Mains: Placek, Bigos (200g), Gulasz (200g), Schabowy

Dessert: Sernik - Cheesecake to share

(For allergens check page 4)



Add melted vegan cheese on top | £4.00

Vegan Leczo | £16.40

Chef decided that we need a break from Vegan Stew ... so he's serving Vegan Leczo Stew! The difference? More peppers, less chick peas and a lot more Polish.



Add melted vegan cheese on top | £4.00

Vegan Kotlet | £16.50

Mama knows a great thing when we taste it - so our Vegan Kotlet is now made from Moving Mountains™. We still bread and shallow fry it ourselves - just like a Schabowy! If you're looking to cut down on meat and still want those Polish flavours, dig into this delicious guilt-free 22g of protein.



Vegan Kotlet Tower | £18.60

Can't decide between our home-style delicious vegan stew and the vegan kotlet? Problem solved! Order this Tower of a meal and get two tastes in one! Enjoy!

KIDS' MENU

**FOR CHILDREN
UNDER THE AGE OF 12
INCLUDES SALAD BAR
SERVING**



**5 pieces
of pierogi |
£9.00** (Allergens pg4)

**Chicken strips
& chips | £8.50**



**Fish fingers
& chips | £7.50**



KIDS EAT FREE*

ALL DAY EVERY DAY!

*One free kids' item for a child under 12 with every Big Plate, 10 pc Pierogi or Placek order. You qualify for 2 kids' items if you order Mama's Taster Menu.

Desserts

7

ALL CAKES AND CREPES MADE ON SITE, IN OUR NUT & SESAME FREE KITCHEN

Naleśniki with Cheese | £6.90 🌱🥚🥛

If there is dessert (beyond szarlotka and sernik) that all Poles love and were raised on, it is this. Sweet-cheese-filled crepes with a chocolate drizzle and icing sugar. Thank you, Chef! Ask your server to add an extra scoop of ice cream! (+£1.00)

Szarlotka | £6.90 🌱🥚🥛

Polish apple cake with a thick layer of apples and a crumble crust. Ask your server to add an extra scoop of ice cream! (+£1.00)

Royal Cheesecake Sernik | £6.90 🌱🥚🥛

Polish style (baked) with a chocolate base and a caramel glaze.

Marshfield's Local Ice Cream 🥛

£2.50 - 1st scoop, £1.00 - extra scoop

Ask your server about flavours! (May contain 🥚🥛🌱🥚🥛)

Marshfield's Sundae | £6.00 🥛

(Add Krupnik Dessert Vodka 50ml | +£2.50)

Made with Marshfield's Local Ice Cream and whipped cream

Magnum | £3.00

(May contain 🥚🥛🌱🥚🥛)

Classic 🥛 / Caramel 🥛 / Vegan / Oreo Sandwich 🥚🥛



SZARLOTKA



NALEŚNIKI



MARSHFIELD'S



SERNIK

COFFEE & TEA



Espresso (single)	£2.80
Espresso (double)	£3.00
Americano	£3.00
Cappuccino/Latte/ Flat White	£3.50
Mocha	£3.90
Filter Coffee	£2.50
Tea	£2.50
Hot Chocolate	£3.50

LOVE SMOOTHIES

£5.00



Strawberry Split

Strawberry & Banana

Berry Go Round

Blackberry Strawberry & Raspberry

Pash "n" Shoot

Passionfruit, Mango & Pineapple

KRUPNIK DESSERT VODKA

25ml | £2.80

50ml | £3.90

500ml | £37.40

(abv 16%)

Coconut, Raspberry,
Cappuccino, Pistachio,
Salted Caramel

MUST TRY!

THE DESSERT VODKA BOARD 6 x 50ML

£22.00



Includes KRUPNIK original
spiced honey vodka 38%
abv for a kick at the end!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

**BOOK
EARLY**

**SATURDAY
14TH
FEB**

**DELICIOUS food and the same
GREAT value you expect from us!**

FEEL MAMA'S LOVE

Tickets on sale from January 19th!



WORD SEARCH

m	ż	k	o	p	y	t	k	a	p
i	e	e	h	y	t	i	j	p	u
e	b	p	g	g	s	m	l	o	l
l	e	y	c	o	s	d	m	t	p
o	r	z	n	p	l	u	s	r	e
n	k	y	a	f	t	o	w	a	t
y	a	d	s	z	w	k	n	w	y
c	e	k	a	r	k	ó	w	k	a
g	t	m	c	w	x	n	p	a	a
g	q	k	a	r	t	a	c	z	e

golonka
żeberka
mielony

pulpety
karkówka
potrawka

kartacze
kopytka
pyzy

Did you know?

A total of 145 Polish fighter pilots fought in the Battle of Britain, forming the largest non-British contingent and proving crucial to the RAF's success, with some serving in all-Polish squadrons like the renowned No. 303 Squadron and others integrated into British units. Polish pilots made up about 5% of the total Allied pilots in the Battle of Britain (around 145 out of circa 3,000), but their impact was disproportionately large, accounting for roughly 12% of enemy aircraft shot down. Somebody should forward this to Putin.

**CZY KTOŚ
POWIEDZIAŁ
PĄCZKI?**



ORDER HERE

TŁUSTY CZWARTEK

ORDER YOURS ONLINE TODAY
WWW.MAMUSKA.NET/FAT-THURSDAY

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

