

**I'm yours.
Take me home!**

Mamuška!
Restaurant and Bar

SPRING MENU

APRIL 2026



Polish Classics



... and international favourites

"This is the second time I have visited mamuška in 2 years. My best friend and I had the most amazing time on a Saturday evening. We had a sharing plate for 2 which included pretty much everything you would expect from a polish restaurant such as schabowy, placek, bigos, smalec, pierogi etc. Highly recommend!"

- Rafał Baranowski, Google Review

OPENING HOURS

SUNDAY - TUESDAY 12.00 - 22:00
WEDNESDAY - SATURDAY 12.00 - 23:00
Open Late on Request

***OUR FABULOUS KITCHEN SERVES FROM
12:00 NOON UNTIL 21:30, DAILY**

WWW.MAMUSKA.NET

WiFi: Mamuska Guests
Password: mamarocks

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VISIT MAMUSKA.NET

Bye Bye Winter - Hello Spring!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Drinks Menu

*MEANS ALCOHOL FREE | All spirits are 40% abv unless otherwise stated

DRAUGHT BEER

PINT HALF 2L Jug

GREAT VALUE

BRIXTON BREWERY

Coldharbour Lager (4.5%)£7.50 £4.00 £24.00
Reliance Pale Ale (4.2%)£7.50 £4.00 £24.00

NAMYŚLÓW BREWERY

Namysłów Pilsner (6.0%)£7.50 £4.00 £24.00
Namysłów Shandy (3.0%)£7.00

ŻYWIEC BREWERY

Żywiec Polish Lager (5.6%)£7.50 £4.00 £24.00



CRAFT BEER

500ml BOTTLE

STAROPOLSKIE BREWERY



(OPEN FERMENTATION)

Staropolskie Dworskie - Lager (5.7%)£8.20
Staropolskie Kozłak - Kozłak Bock (6.2%)£8.20
Staropolskie Pszenne - Wheat beer (5.2%)£7.90
PRL Ciemne - Dark beer (5.0%)£7.90



BEERS & CIDERS

500ml BOTTLE

Lech (5.0%)£7.20
Perła Export (5.2%)£7.20
Perła Miodowa (Honey) (5.4%)£7.20
Perła Pilsner (6.0%)£7.20
Tyskie (5.2%)£7.20
*Warka Radler Lemon Alcohol Free (0.0%)£5.00
Żywiec IPA (5.0%)£7.20
Żywiec Białe (4.9%)£7.20
*Żywiec Alcohol Free (0.0%)£5.00
*Żywiec Malinaż Alcohol Free (0.0%)£5.00
Cider Lubelski 400ml (4.5%)£8.30
Perry Lubelski 330ml (4.5%)£8.30



SOFT DRINKS

Still/Sparkling Water (500ml) £3.00
Coke, Diet Coke, Coke Zero, Sprite, Fanta (330ml) £3.00
Tymbark: £3.00
Apple & mint, apple & cherry, orange & peach (250ml)
Assorted Juices:
Apple, orange, cranberry, pineapple) (250ml) £3.00
(1ltr) £7.00
Fruit Kompot (250ml) £3.50
(1ltr) £8.00

MOCKTAILS

£5.00

***Virgin Mango:** Pineapple juice, orange juice, vanilla syrup, mango purée, lime juice
***Virgin Szarlotka Sip:** Lemon juice, simple syrup, cinnamon stick, apple juice
***Petal Pop:** Cranberry, elderflower and soda
***Virgin Mojito:** All of the calories, none of the fun. Classic, Mango or Passionfruit



MILKSHAKES

£5.50

Vanilla, Chocolate, and Berry Milkshakes
2 scoops of ice cream, milk and whipped cream

MAMA'S COCKTAIL CREATIONS

£11.50, TWO FOR £20.00 WHEN ORDERING THE SAME



Gdańsk Beach Punch

Gdynia Rebel

Katowice PEARfection

Kraków Old Town

Łódź Cherry Fizz

Lublin lip-lock

Szczecin Sea Mist

Mamuśka! Spritz

Wrocław Dwarf Elixir

Warszawa Garden

Great Value

CLASSIC COCKTAILS

£10.90, two for £18.00 when ordering the same.

Check out our full Drinks Menu for our classic cocktail list, and detailed descriptions of all our cocktails, including the luscious ingredients!

MAD DOG SHOOTERS £5.50
THREE FOR £14.00
SIX FOR £25



The Polish flag - best enjoyed as a beverage. Wyborowa, Raspberry Syrup & tabasco

CLEAR VODKA (40%)

Belvedere (Proper posh)
50ml | £12.70 / 700ml | £164.50
Luksusowa Potato & Rye
50ml | £8.30 / 700ml | £107.30
Pan Tadeusz
50ml | £8.30 / 700ml | £100.00
Wyborowa (Best-selling rye)
50ml | £6.60 / 700ml | £85.80
Wyborowa Exquisite (Founder's Fav)
50ml | £12.70 / 700ml | £159.50
Wyborowa Potato
50ml | £6.60 / 500ml | £59.40
Żubrówka Czarna (Best value)
50ml | £7.70 / 700ml | £100.00

SOPLICA

50ml | £5.50 / 500ml | £48.00
(28% to 32%)
Apricot, Blackcurrant, Cherry, Cherry Chocolate, Coffee, Hazelnut, Hazelnut Chocolate, Lemon & Mint, Lemon & Quince, Lemon & Honey, Lemon & Raspberry, Mirabelle, Plum, Quince, Raspberry, Strawberry

VODKA BOARDS



FRUITY & NUTTY

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Soplica Mirabell, Apricot, Quince, Hazelnut, Hazelnut in Chocolate, Zoladkowa Fig

RAINBOW LOVE

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Soplica Lemon Honey, Quince, Mirabelle, Strawberry, Cherry, Plum

BERRY GOOD

6 x 50ml | £31.00 / 6 x 25ml | £18.00
Bocian Cherry, Soplica Lemon & Raspberry, Cherry Chocolate, Strawberry, Raspberry, Żółdkowa Black Cherry

CLEAR SAILING

6 x 50ml | £46.00 / 6 x 25ml | £28.00
Wyborowa, Wyborowa Potato, Luksusowa, Żubrówka Czarna, Belvedere & Wyborowa Exquisite (served with Smalec!)

YES!

We have a great **WINE LIST** and lots of other delicious liquid treats!
Ask your server for our **Drinks Menu!**

Starters, Lunch & Sides

STARTERS

*Allergens: please check allergens with your server

SOUP OF THE DAY*

WITH A SLICE OF BREAD

Our soups are created from scratch every day by our Polish chefs. They may be vegan, vegetarian, chicken or pork based. Check with your server if we have your favourite today!

200ml

£3.20

450ml

£4.70



Żurek | 200ml £4.40 | 450ml £7.60

Yes, we know! We should have done this long ago. Poland's famous sourdough extract soup with white sausage and boiled egg is now available every day!



Small Barszcz Czerwony Beetroot Broth | £3.20

Poland's classic broth, to get your tummy ready!



Original Recipe!



Sałatka Jarzynowa | £6.80

The vegan terrorists have been defeated! We have finally grown some 'eggs' and are bringing back the original Polish recipe.



Krokiet kapusta with cup of Barszcz | £8.00

Traditional kapusta & mushroom filled crepe, breaded, deep fried and perfect for dunking!



Smalec | £6.80

Nothing like a little fat to start your meal! This rich and creamy paté goes best with a vodka shot.



Krokiet pork with cup of Barszcz | £8.00

Breaded deep-fried crepe stuffed with minced seasoned pork, served with barszcz.



Oscypek | £8.30

The 'Cheeky Chappy' of Polish cheeses served on cranberry jelly. Packed with smokey flavour and bursting with personality..



SIDES & Extras



CHIPS..... £4.50

KIDS CHIPS..... £2.60

FRESH BAKED BREAD... £2.60

GRATED CHEESE..... £2.50

VEGAN CHEESE ✓..... £3.50

MASHED POTATOES..... £3.70

KIDS MASH..... £2.10

WILD MUSHROOM SAUCE..... £4.50

MUSHY PEAS..... £2.10

PORK GULASZ GRAVY .. £3.70

SALAD BAR..... £3.70

SOUR CREAM..... £2.10

BUTTER..... Just Ask

LUNCH DEALS £8.00 £9.00 WITH SOFT DRINK OR SMALL SOUP £10.00 WITH HAPPY DRINK* OR LARGE SOUP

INCLUDES POLAND'S FAMOUS PIEROGI DUMPLINGS - Monday - Friday, 12.00-4.00 PM | Includes small salad bar serving



Pork Gulasz, mash

Vegan Leczo, mash

Bigos, bread

Half kielbasa Polish sausage, chips

Placki - 2 small potato pancakes, any topping

(For allergens check 'Mains' section)
(*HALF PINT BEER OR SMALL HOUSE WINE)



5 pierogi (boiled only), any flavour, toppings

Chicken Fingers, battered & fried, chips

Half Breaded Chicken, chips

Half Schabowy, mash

(For allergens check 'Mains' and 'Kids' section)

Pierogi & Pancakes

All 10pc Pierogi, Placek, Big Plates and Tasting Menu come with a visit to the salad bar.

PIEROGI DUMPLINGS PLATTER



	5 PCS	10 PCS
Ruskie 🌱🌾🥛 blended white cheese, potato and onion	£9.50	£17.90
Pork 🐷🌾	£9.50	£17.90
Goat Cheese & Spinach 🌱🌾🥛	£9.50	£17.90
Sauerkraut & Mushroom 🌱🌾	£9.50	£17.90
Veggie Mixed 🌱🌾🥛	£9.50	£17.90
Mixed Set 🐷🌾🥛	£9.50	£17.90

Pierogi Party Platters 🌾🥛 Pork, Vegetarian or Mixed (boiled only)	30 PCS	£47.50
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TOP IT FOR FREE!

Choose your toppings (as many as you want!):
SOUR CREAM / BACON / FRIED ONION

GET THEM FRIED FOR £1.50

ALLERGENS & DIETARY

All allergens are shown as icons, but if you would like to see our fancy, full Allergen Chart, please ask and we will fetch it for you.

SEVERE ALLERGY? If you have a SEVERE allergy to a food item, please ALWAYS consult staff before ordering.

DIETARY KEY

BEEF	FISH	POULTRY
CELERY	GLUTEN	SOY
CRUSTACEAN	MUSTARD	SULPHATES
MILK / DAIRY	NUTS / SESAME	VEGAN
EGGS	PORK	VEGETARIAN

We have a nut-free and sesame free kitchen (but the bar has nut flavours!). Please also note that we have an open, non-segregated kitchen and while every reasonable precaution is taken, we cannot guarantee that items have not been cross-contaminated in production or service. (i.e. air-borne flour particles from pierogi dumpling production may find their way into GF product.)

PLACEK WITH GULASZ & SOUR CREAM



Late in 2025 something changed here at Mamuška! Our placki jumped out of the oven and onto our massive new shallow-fry griddle. Yes, our old recipe was healthier. But who cares? Now we can do what God always intended: Lots of placki cooked quickly, but tasting like they just came off your own Babcia's fry pan, ready for the topping of your choice. This is Polish food at it's very best.



Naked
🌱🥚🌾..... £12.90



Sour Cream
🌱🥚🌾🥛..... £15.00



Vegan Leczo
🌱🥚🌾..... £16.40



Wild Mushroom Sauce
🌱🥚🌾🥛..... £17.40



Po Węgiersku (pork gulasz)
🐷🥚🌾🥛..... £19.10

Add dairy cheese on top 🌱🥛 £2.50

Add vegan cheese on top 🌱 £3.50

(Placek have eggs & are not vegan)

BIG Plates

Choose from our AMAZING regular line-up!



CHOOSE YOUR CARB! Plus ONE visit to the salad bar included
Our carbohydrate accompaniments are swappable. This isn't football mate, so feel free to change sides! And don't forget to visit the salad bar!



NO CARBS



BREAD (Gluten)



MASH



CHIPS

NEW!



The Waterloo Beef Burger | £19.90

We start out with 200g of prime beef chuck, mince it on site and season it to perfection. Char-grilled to medium, cheese added to taste and topped with our own freshly made coleslaw and Polish gherkin, all served on a toasted brioche bun. Perfect!

Add melted Monterey Jack cheese for only £1!



Beer Battered Cod | £19.90

In Poland breaded fish is slightly more popular, but here in London? Well, let's just say the tourists know what they want! Our Polish-beer-battered cod and chips with minted mushy peas is the simply the best for miles around! Perfect with a pint of Polish draught!

BATTERS UP!



Grilled Kiełbasa | £16.90

Poland has so many types of sausage that it would amaze you! We serve "toruńska" sausage, served on a bun with spicy fried onion, chips included. Ask for a cheesy top for an extra treat!

Add melted cheese | £2.50



Pork Gulasz | £16.90

We have finally come to terms and made peace with the vegetarians, making a flavourful addition to our tender pork and onion gulasz. We've added capsicum and mushroom. That's it. If you want to dilute your meat any more, visit the salad bar.

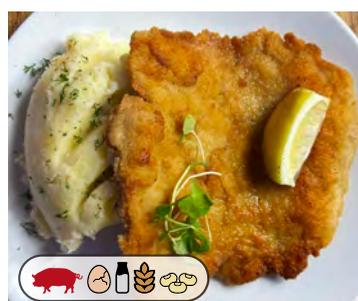
Add melted cheese | £2.50



Kotlet De Volaille | £19.90

Our own take on Chicken de Volaille! Freshly minced chicken breast wrapped around a savoury herb and garlic butter filling, breaded and fried until golden and crispy. A new favourite!

NEW!



Schabowy | £19.50

Our top-seller has become even more authentic by giving it an overnight bath in milk, onion and garlic (I wish I were a schabowy...) before breading and shallow frying.

Add melted cheese | £2.50

Add wild mushroom sauce | £4.50



Breaded Chicken Breast | £19.50

Kurczak panierowany! Our breaded pan-fried chicken just became much more extravagant now that it is bathed overnight in milk, onion and garlic.

Add melted cheese | £2.50

Add wild mushroom sauce | £4.50



Schabowy Tower | £21.90

Some say there is nothing better than a tenderised, breaded, shallow-fried pork loin. Normally we would agree, but for a twist on the original try our Head Chef's pimped-up version with cheese and some kielbasa leczno stew. Awesome!



Bigos | £16.90

Poland's very famous bigos "Hunter's Stew", made with kapusta kiszona, sausage, wild mushrooms, pork shoulder meat and a touch of tomato to bring it all together. Hearty and very gut-healthy! And it's gluten free when served with mash!

NEW!

WEEKLY SPECIALS - GREAT FOR OUR REGULAR GUESTS!

There are so many great Polish dishes but only so much space on our regular menu! So if you're looking to venture into new territory, ask your server which Polish Classic is on special this week, and grab one while you can!

A discretionary 12.5% service charge will be added to your bill and goes directly to the Team!

Set Menu, Vegan & Kids

SET MENU FOR TWO

£57.50

3 course tasting menu made for sharing!

Starters: Sałatka Jarzynowa, Smalec, Mixed Pierogi (all toppings, 8 pcs), Kapusta & Mushroom Krokiet and Barszcz

Mains: Placek, Bigos (200g), Gulasz (200g), Schabowy

Dessert: Sernik - Cheesecake to share

(For allergens check page 4)



Add melted vegan cheese on top | £3.50

Vegan Leczo | £16.90

Chef decided that we need a break from Vegan Stew ... so he's serving Vegan Leczo Stew! The difference? More peppers, less chick peas and a lot more Polish.



Vegan Kotlet Tower | £19.50

Can't decide between our home-style delicious vegan stew and the vegan kotlet? Problem solved! Order this Tower of a meal and get two tastes in one! Enjoy!



Add melted vegan cheese on top | £3.50

Vegan Kotlet | £16.90

Our Vegan Kotlet is made from Moving Mountains™. We make a perfect cutlet, bread it and shallow fry it ourselves - just like we do with Schabowy! So if you're looking to cut down on meat and still want those Polish flavours, this is for you, complete with 22g of vegetable protein.

KIDS' MENU

FOR CHILDREN UNDER THE AGE OF 12
INCLUDES SALAD BAR SERVING

*One free kids' item for a child under 12 with every Big Plate, 10 pc Pierogi or Placek order. You qualify for 2 kids' items if you order Mama's Set Menu.



5 pieces
of pierogi |
£9.50 (Allergens pg4)



Half Schabowy |
£8.90

Chicken strips
& chips | £8.90



Half Breaded
Chicken | £8.90



Fish fingers
& chips | £7.90



KIDS EAT
FREE*

ALL DAY
EVERY DAY!

Desserts

ALL CAKES AND CREPES MADE ON SITE, IN OUR NUT & SESAME FREE KITCHEN

Naleśniki with Cheese | £7.20 🌿🥚🥛

If there is dessert (beyond szarlotka and sernik) that all Poles love and were raised on, it is this. Sweet-cheese-filled crepes with a chocolate drizzle and icing sugar. Thank you, Chef! Ask your server to add an extra scoop of ice cream! (+£1.00)

Szarlotka | £7.20 🌿🥚🥛

Polish apple cake with a thick layer of apples and a crumble crust. Ask your server to add an extra scoop of ice cream! (+£1.00)

Royal Cheesecake Sernik | £7.20 🌿🥚🥛

Polish style (baked) with a chocolate base and a caramel glaze.

Marshfield's Local Ice Cream 🥛

£2.60 - 1st scoop, £1.00 - extra scoop

Ask your server about flavours! (May contain 🥚🌿🥛🥚🥛🥚)

Marshfield's Sundae | £6.30 🥛

(Add Krupnik Dessert Vodka 50ml | +£2.50)

Made with Marshfield's Local Ice Cream and whipped cream

Magnum | £3.20

(May contain 🥚🌿🥛🥚🥛🥚)

Classic 🥛 / Caramel 🥛 / Vegan / Oreo Sandwich 🥛🥚



SZARLOTKA



NALEŚNIKI



MARSHFIELD'S



SERNIK

COFFEE & TEA



Espresso (single)	£2.80
Espresso (double)	£3.00
Americano	£3.00
Cappuccino/Latte/ Flat White	£3.50
Mocha	£3.90
Filter Coffee	£2.50
Tea	£2.50
Hot Chocolate	£3.50

LOVE SMOOTHIES

£5.00



- Strawberry Split**
Strawberry & Banana
- Berry Go Round**
Blackberry, Strawberry & Raspberry
- Pash "n" Shoot**
Passionfruit, Mango & Pineapple

KRUPNIK DESSERT VODKA

25ml | £2.80

50ml | £3.90

500ml | £37.40

(abv 16%)

- Coconut, Raspberry,
- Cappuccino, Pistachio,
- Salted Caramel

MUST TRY!

THE DESSERT VODKA BOARD 6 x 50ML

£22.00



Includes KRUPNIK original spiced honey vodka 38% abv for a kick at the end!

